



**NBCC International Education Week 2023**  
**NBCC International Student Recommendations: Recipes from Home**

**Albania**

[Byrek](#)

**Argentina**

[Milanesa](#)

**The Bahamas**

[Cracked Conch](#)

[Peas and Rice](#)

**Brazil**

[Feijoada](#) (National Dish of Brazil)

[Pão de Queijo](#) (Brazilian Cheese Bread)

[Brigadeiro](#)

[Churrasco](#)

**Chile**

[Empanada de Pino](#)

**Colombia**

[Ajiaco](#) (Colombian Chicken Soup)

[Changua](#) (Colombian Egg and Milk Soup)

[Bandeja Paisa](#) (Paisa Platter)

**Democratic Republic of the Congo**

[Pondu](#), [Fufu](#), [Thompson Yako Tumba](#)

(Vegetables with Grilled Fish)

**Dominican Republic**

[Dominican style Rice and Beans](#)

[Pollo Guisado](#) (Dominican Chicken)

[Dominican Sancocho](#)

**Egypt**

[Stuffed zucchini, cabbage and grape leaves](#)

**Honduras**

[Baleada](#)

**India**

[Rajma Rice](#)

[Saag with Makki Di Roti](#)

[Butter Chicken](#) served with Naan

**Jamaica**

[Ackee and Saltfish](#) (Serve with Yam, Green Banana and Dumplings)

**Kazak**

**hstan**

[Baursak](#) (Fried Dough Balls)

**Mexico**

[Chiles en Nogado](#)

**Nigeria**

[Jollof Rice](#)

**Peru**

[Ceviche](#)

[Lomo Saltado](#)

**Philippines**

[Adobo](#)

**Spain**

[Spanish Omelette](#)

**Sri Lanka**

[Kottu Roti](#)

**Ukraine**

[Borscht](#) (Beetroot Soup)

**Venezuela**

[Arepas](#) (White Corn Cakes)

**Vietnam**

[Pho](#)